



Holiday Helpings: Turkey and trimmings for neighbors in need.

1525 7th St. NW

Washington, DC 20001

www.breadforthecity.org

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CFC #61733 • United Way #8219



Holiday Helpings

A Program of Bread for the City



HELP US FILL A HOLIDAY TABLE



www.breadforthecity.org

WHAT is Holiday Helpings?

Holiday Helpings is a project of Bread for the City that provides turkey dinners with all the trimmings to thousands of low-income DC families each holiday season. This year, our goal is to serve a holiday meal to 8,000 families.

Just \$28 is enough for a plentiful and healthy holiday meal for a family of four. Join us!

WHAT is Bread for the City?

Bread for the City provides food, clothing, medical care, legal and social services to DC's most vulnerable residents. All services are free and provided in an atmosphere of dignity and respect.

WHY should I contribute to Holiday Helpings?

Hunger is a real and devastating problem in our community, and for low-income families who struggle to put food on the table each week, a holiday dinner is an unaffordable luxury. Your support will make a home-cooked holiday meal with family a reality for thousands—please give today.

HOW can I stay updated on Holiday Helpings?

On our blog (www.breadforthecity.blogspot.com) and on our Twitter feed (www.twitter.com/breadforthecity) you can follow our regular updates about Holiday Helpings, hear stories about how our work is making a difference in the lives of our clients, and see the people who make it all possible. You can also follow us on Facebook (www.facebook.com/breadforthecity).



HOW can I help with Holiday Helpings?

MAKE A CASH GIFT:

For \$280 you can provide 10 families living in poverty with a nutritious holiday meal that includes a turkey, stuffing, macaroni, fruits, and vegetables.

SUGGESTED ITEMS FOR HOLIDAY HELPINGS FOOD DRIVE

family size	1 or 2	3 or 4	5 or 6
low-sodium stuffing (8 oz. box)	1	2	3
canned cranberry sauce	1	1	2
canned yams	1	1	2

ORGANIZE A DRIVE:

Collect food and financial contributions in your workplace, house of worship, or school. Please note that our suggested food donation list is more targeted this year, due to increased donations through the USDA.

Contact Nathan LaBorie at 202.386.7611 or NLaBorie@BreadfortheCity.org for more information about organizing a drive.

HEALTHFUL HOLIDAYS

Bread for the City has taken great strides in recent years towards making the food we distribute more nutritious for our clients, many of whom suffer from diabetes and high blood pressure. Please strive for low-sodium vegetables and fruit canned in their own juices when collecting food donations.

INVOLVE YOUR FAMILY AND FRIENDS:

Request that your family and friends make a contribution to Holiday Helpings in your name in lieu of a holiday gift, or make a contribution in honor of someone on your list.

VOLUNTEER YOUR TIME:

Visit www.BreadfortheCity.org/volunteer and submit a volunteer application for an individual or group. Please note that we do not have any volunteer opportunities on Thanksgiving Day, the Friday after Thanksgiving, Christmas Eve, or Christmas Day.

WHERE can I bring my Holiday Helpings donations?

We operate two Centers in the District and accept donations for Holiday Helpings at either location between 9am and 5pm, Monday–Thursday. Food donations are accepted from November 2–December 23. Financial contributions are welcome at any time.

SOUTHEAST CENTER

1640 Good Hope Rd, SE
Washington, DC 20020

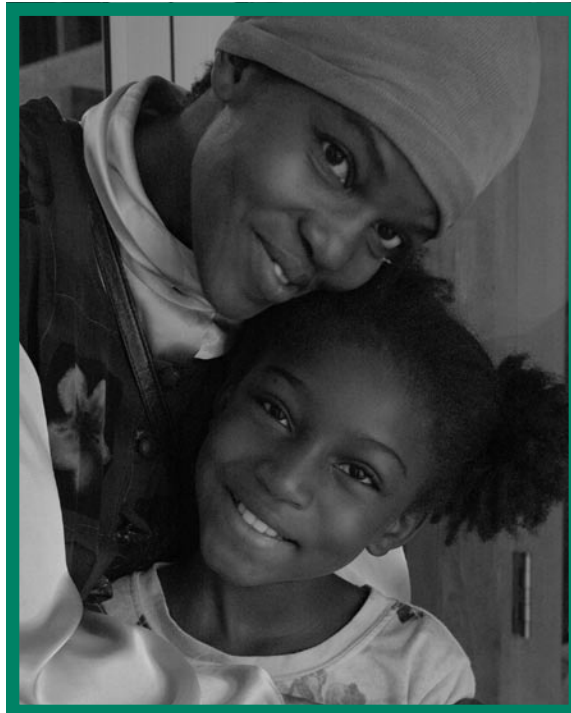
NORTHWEST CENTER

1525 Seventh St, NW
Washington, DC 20001

WHO else has helped?

Supporters of Holiday Helpings include:

Dickstein Shapiro, LLP; Jones Day; Glover Park Group, LLC; Bates White; Alston + Bird, LLP; PricewaterhouseCoopers; Holy Trinity Church; Charles Delmar Foundation; Pepco Energy Services, Inc.; MCN Build, LLC; Christ Lutheran Church; George Preston Marshall Foundation; Perkins Coie, LLP; Perlmutter Family Foundation; Pumpnickel Press; Scribner Hall & Thompson, LLP; St. Aloysius Church



CONTRIBUTION FORM

YES, I would like to make a contribution!

Enclosed is my donation of:

- \$28 (turkey dinner for 1 family)
 \$112 (4 families)
 \$280 (10 families)
 Other _____

YES, I would like to organize a drive!

Please call me! (_____) _____

**Please give online at www.BreadfortheCity.org
or make checks payable to Bread for the City**

NAME _____

ADDRESS _____

CITY _____

STATE _____

ZIP _____

PHONE _____

E-MAIL _____

Please charge my gift to:

- VISA MasterCard Amex

ACCT.# _____

SEC. CODE _____

EXP. DATE _____

BILLING ZIP _____

SIGNATURE _____

DATE: _____

Please return this form before December 23rd.

All donations to Bread for the City are tax-deductible (Federal ID# 52-1138207).

Once our Holiday Helpings budget has been met, donations will be used for general support during the year, helping us provide food, clothing, medical care, legal and social services to Washington's most vulnerable residents.

For more information contact Nathan LaBorie at 202.386.7611 or nlaborie@breadfortheCity.org.